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The World Youth Championships is owned by World Bowling.

Each edition of the championships is awarded to a host, which can be a federation, a public organization or a company. The host organizes the event in co-operation with WB's Officials.

Athletes must have reached the age of 13, and must not have reached the age of 21, on 1 January in the year of the championships.

The first edition of the World Youth Championships was conducted in 1990 in Manilla, The Philippines with 32 male and 27 female athletes from 16 different federations taking part.

Since the beginning in 1990, the championships has been conducted every second year.

In 1990 and 1992 the number of athletes per team was 2 girls and 2 boys, while the number of athletes per team has been 4 girls and 4 boys since 1994.

In 1990 and 1992 the disciplines for both genders have been Singles, Doubles, All Event and Masters. In additions the athletes competed in Mixed Team of Four.

As of 1994 the disciplines for both genders have been Singles, Doubles, Team of Four, All Event and Masters.